



Welcome

to World Changing Families!



Maybe you've put up a tent in the back garden to really get into the Creation Fest mood, or maybe you're enjoying the comfort of the living room?

Either way, come on a journey this summer, from the old to embrace the new!

At Creation Fest we love to see whole families learning to grow in faith, go deeper with God and have fun together.

A group of ordinary families are here to serve you on this All Things New journey. Each week you will be able to download a Family Pack like this, full of **activities** designed to help you to laugh, learn, chat and grow together, inspired by the CreationFest On Air themes. Throughout this pack you will see links to short, all-age friendly **YouTube clips** of our families demonstrating the activities. Meet the families <u>here</u>.

Each week we will explore the theme with the following activities:



Bible Challenge

Fun ways to memorise a part of the Bible together



On Your Feet

Challenge

Challenges to stretch your mind and your body





Creative

Prayer

Hands-on ways to talk to God together

Going Deeper

Inspiration to help you put this week's theme into action

Bag Time

A sensory way to chat and reflect as a family, using objects



Craft

Join Clare's Craft Corner and get creative!







Bible Challenge

Watch the Freestone family take the Bible challenge at: https://youtu.be/ <u>9PpDdHWEiqA</u>

Race to Remember

This week we have two memory verses! They are **2 Corinthians 5:17** and **Revelation 21:4**.

We are going to have a race to put the words of the verses into the right order!

- 1. Print off the memory verses below (choose one or both), or write them out for yourselves. You will need one copy for each member of your family, plus an extra copy.
- 2. Take each verse and cut up the words, putting them in a pile. Keep each pile separate and give one cut-up verse to each member of your family.
- 3. Put the spare sheet in the middle so everyone can see it, then 3,2,1 go!
- 4. Race to arrange your pile back into the right order have fun!

Make this easier depending on the ages in your family. You can cut out individual words, a group of words together, or whole sentences. It doesn't have to be a race either.

You can also take this up to a harder level.

When someone has won, mix the words up again. Black out some of the verse on your spare sheet with a marker pen. Now everyone has to remember them to play again! Keep blacking out more words each round, until you can remember the whole memory verse!

Therefore, if anyone is in Christ, the new creation has come: the old has gone, the new is here! 2 Corinthians 5:17

Therefore, if anyone is in Christ, the new creation has come: the old has gone, the new is here! 2 Corinthians 5:17 He will wipe every tear from their eyes. There will be no more death or mourning or crying or pain, for the old order of things has passed away. Revelation 21:4

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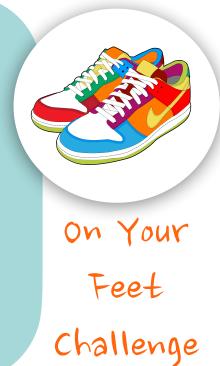
Scavenger Hunt

- Write the alphabet down on a piece of paper.
- · As a family, go outside and try to find or see something in nature (not man made) beginning with each letter of the alphabet.

Some letters may be harder than others, so you may want to set yourself a time limit and find as many as you can in the time.

If you have older children/teens you could make it into a competition and see who in the family can get the most objects in the time.

If you don't have access to a green space, just write down things you might find in nature.





Craft

watch Clare show you how to make this butterfly at: https://

youtu.be/

M41Eq94MWFs

£50 note Butterfly

You will need:

- Plain A4 paper
- Coloured pencils or felt tips
- Scissors
- Sellotape



Start off by having each member of the family design their own £50 note on a piece of A4 paper. (If you haven't already, have a listen to Amy Orr Ewing's talk on Creation Fest On Air, and her story about a £50 note).

While doing this, have a talk about what you value in each other.

When your designs are complete, cut each £50 into 18x18cm and 12x12cm squares.

Then, concertina each square diagonally from corner to corner.

Pinch each square in the middle and tie together, then fan out the paper to make the butterfly wings.

And there you go... Another new creation!



Popcorn Thanks

As we remember that God is making all things new, it's good to be thankful to our incredible Creator and Re-creator!

- As a family, all crouch down low.
- Think of something in creation (that God has made) that you are grateful for.
- Then, like popcorn, jump up into the air and shout out a quick "thank you" to God for that thing, then crouch back down again.
- You can 'pop' as many times as you like and in no particular order, just when you think of something to be thankful for.



Creative

Prayer

Watch the Freestone family show you how to pray pop-corn style! <u>https://youtu.be/</u> PhLR90y4PIE

Dreaming with God

Today we're thinking about all creation being made new - but what does this mean?

God's dream for what he has made is actually like many of our dreams: a world that works well and is a lovely place to live, where people are living fruitfully and fairly (read Genesis Chapters 1 & 2).



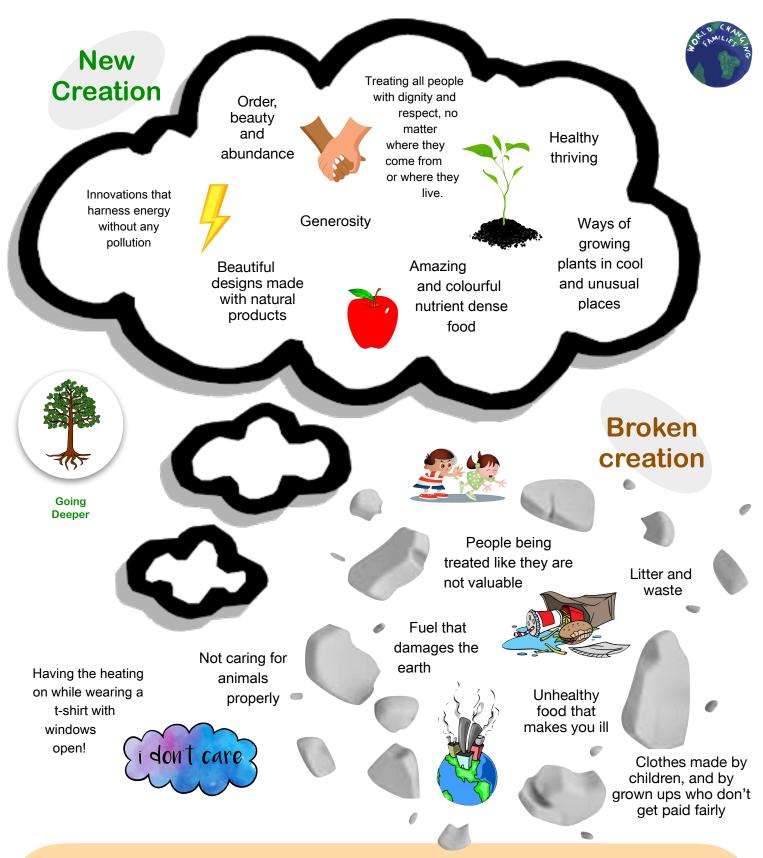
God has always wanted to partner with humanity and for us to look after his creation in a beautiful way.

When all things are made new, God's dream, along with some of our dreams, will come true. There are some things that humans have come up with, together with God, that will make it into that new creation and some things, where we've done things our own way, that will not.

Have a look at some examples on the next page...

Going Deeper

Watch the Mahals share what one aspect of "New creation" looks like in their home. They have a challenge for you too! <u>https://youtu.be/</u> kepa&uHkrdl



In today's going deeper challenge we're inviting you to go through each room of your house (and your garden) to check out what items or ways of doing things will be found in the new creation... and what will not. Use the ideas above to help you think and talk about it together.

- Celebrate the things that will last for eternity thank God for his provision of these gifts for us to look after.
- And the things that will not be in the new creation... start to look for alternatives so that we can truly be God's partners in making all things new.

Pray and ask God for wisdom in how you need to change what happens in your house now that you've identified things/ ways that won't be in the new creation.



New Creation

Reflect and Chat

Here's fun, sensory way to help you reflect and chat together as a family.

First, you will need to have a hunt around the house for the objects below. If you don't have one or two of them, choose something else instead! (It helps if they are easy to hold).

Then, gather round as a family and take it in turns to chose an object and share.



Bag Time

Highlighter Pen Talk about your highlight of the week



Stone Talk about something that has been hard this week



Shell Do you think you have heard God speaking to you this week?



Pom Pom Talk about something that has made you feel warm and fuzzy this week



Lego brick Talk about something you have learned or discovered this week



Star Encourage someone else in your family



Tealight (World Changing Families question of the week) Say one thing you value about each of the other people in your family

watch the kennedy family introduce you to "Bag Time": https://youtu.be/QYW48Mkxbls



Just for fun

Over the next few weeks you'll be able to watch parents and children having a go at some tricks to amuse and entertain you! :) None of them are professionals, but they love to have a go!

Check out this week's illusions with Grace and Andy: <u>https://youtu.be/OKwrljI1J1U</u>



What would you like God to make new in your life, or in your family? Use all of this space to doodle and dream with him. You can even write a prayer if you want!

Extra Goodies

... because we're nice like that

Firstly, some more background reading for parents (and interested offspring) from the Mahals - yes they really are passionate!

Some interesting links for you to go even deeper: How we changed things in our home to be more eco:

https://www.jakemahal.com/post/going-eco-at-home

Mahal's Gardening Vlogs - get some ideas from what we're up to, more broadly, in our garden. https://www.jakemahal.com/post/gardening-vlogs

The Earth Care Manual - A great book on how we can better look after the earth.

https://www.permaculture.co.uk/book-reviews/earth-care-manual-%E2%80%93-permaculture- handbook-britain-other-temperateclimates

The Primal Blueprint - Are we doing a good job of looking after our bodies? This is a great starting place for a big shift than we will benefit from and that the earth will benefit from. https://www.waterstones.com/book/the-new-primal-blueprint/mark-sisson/9781939563309

Need To Grow - A great new documentary on our soil and energy use.

https://www.earthconsciouslife.org/theneedtogrow

Tawai - Bruce Parry (Tribe - BBC) Looks at our relationship with the forest and nature.

https://www.tawai.earth/

HotBin Composting - a fun family investment in a composting adventure.

https://www.hotbincomposting.com/

Biggest Little Farm - A heartwarming documentary-film about transitioning from traditional agriculture to permaculture. <u>https://www.biggestlittlefarmmovie.com/</u>

Tilda's guide to Composting:

How to Make Rich Compost in just 18 Days!

Hello... yes you! Are you finding that composting takes too long for the outcome? Well, this is great for you! You can learn that right here - right now!

To get started you will need the following items:

- O A Pitch Fork/ a Garden Fork
- O A Hard Rake
- O A Water-proof cover (a tarpaulin works)
- O Thermometer (only if you have one not essential)

Did you know that the average person throws away nine times their own body weight in waste every year! As much as 30% of that waste is in the form of food scraps and garden waste that could otherwise be used in composting!

To make the compost, you will need:

- O 1/3 high carbon material (shredded paper is good)
- O 1/3 manure
- O 1/3 fresh green material (cut grass is great)

Getting Started

To start with, you need to make sure that the pile of yet-to-be compost is the minimum size of 1 cubic meter. Start by forking up the fresh green material, the manure and the high carbon material one by one. Make sure that it is being continuously watered so that if you squeeze the pile, one single drip will drop. This is to make sure that there is enough moisture content. You can do this every time you check the compost pile. The pile should be a 1.5m high gravity fall pile.

Wait 4 days...

Once you have watered it, place the water-proof cover over it and leave it for 4 days. To make sure that it is the right temperature, you can leave a thermometer in the compost pile. You may need stones to hold the water-proof cover down.

Result after 4 days...

After just 4 days, take the water-proof cover off the compost pile. It should be just warming if you enter your hand into the pile. Turn the pile (give a good mix with the fork) and test whether it has enough moisture in it. Once again, you do that by squeezing the pile and only one drip should drop. Then, cover over with the water-proof material.

Wait 2 days ...

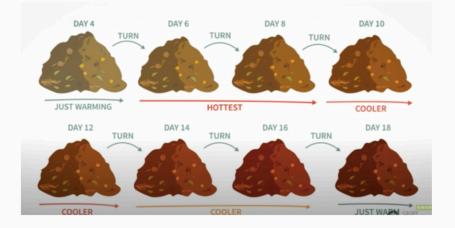
Result after 6 days

Uncover the water-proof material and turn the pile. Add water if it is needed.

Wait 2 days ...

Result after 8 days...

This stage in the process should be the hottest temperature it will get up to. The temperature (if you have a thermometer) should be 50-70 degrees celsius. The ideal temperature would be 55-65 degrees celsius. It should hurt to enter your hand into the compost pile! If the pile is hot on the outside and cold on the inside, then this means that the compost is too wet. Whereas, when the compost is cold on the outside and it is warm on the inside, then this means it is too dry. After 8 days, it will start to cool down again.



Wait 2 days ...

Result after 10 days ...

The pile should be cooling down by now. Turn it and cover it over with the water-proof material. For the next 8 days turn it every 2 days and test the moisture content.

Result after 18 days ...

Once you have made it to day 18 the compost should be:

- A dark brown nearly black colour
- A nice earthy smell
- Just warm
- Around the same size as it started out
- It should look nothing like it started out
- ✤ Fine particle size

Problems....?

If your compost did not work out well, then these are some of the things you should consider:

Did it not get hot? How big is it? 1 cubic metre plus? 1.5m high? Too wet? Too dry? Is the high carbon material cut up fine and shredded? If all of those things are ok then it must be...

Lack of nitrogen

Add more manure and add 2 days.

If it gets too hot quickly, loses volume, smells nasty and there are white threads and white powder over the pile then you have added too much nitrogen and need to add high carbon material to the compost. Once you have added the high carbon material, leave it for 2 days and assess it then.



You have successfully made a pile of fresh compost to then use for your plants!

Here are some photos of us having a go at making compost piles!







By Tilda

THEREFORS

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- 2 corinthians 5 v 17 -

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- revelation 21 v 4 -

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