WORLD CHANGING FAMILIES GOING DEEPER

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Pack 5

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"seek the prosperity of the city to which i have sent you as exiles pray to the lord on its behalf for if it prospers, YOU TOO WILL PROSPER."



Welcome

to World Changing Families!



At Creation Fest we love to see whole families learning to grow in faith, go deeper with God and have fun together.

You can download a Family Pack like this one for each Creation Fest On Air episode, full of **activities** designed to help you to laugh, learn, chat and grow together, inspired by the theme of the week. (Find more packs at <u>https://creationfest.org.uk/on-air/episodes/</u>)

A group of ordinary families are here to serve you on this All Things New journey. <u>Meet the families</u>.

Throughout this pack you will see links to short, all-age friendly **YouTube clips** of our families demonstrating the activities.

Have a look at the introduction to this week's activities.

Each week we will explore the theme with the following activities:



Bible Challenge

Fun ways to memorise a part of the Bible together



Creative

Prayer

Hands-on ways to talk to God together



On Your Feet

Challenge

Challenges to stretch your mind and your body





Going Deeper

Inspiration to help you put this week's theme into action

Bag Time

A sensory way to chat and reflect as a family, using objects



Craft

Join Clare's Craft Corner and get creative!



Round-the-house Reminders

This week's memory verse is Jeremiah 29:7 (see below).

Can you put this week's verse somewhere in your home where everyone will pass regularly and see it?

Part of our **purpose** here on earth is to pray, not only for our own lives, but for our neighbourhoods and communities... and to be like salt, that enhances the flavours of life wherever we go.

Bible Challenge

Watch Freya take the Bible challenge: <u>https://youtu.be/</u> OiP9aIFt-yg "Also, seek the peace and prosperity of the city to which I have carried you into exile. Pray to the Lord for it, because if it prospers, you too will prosper."

Jeremiah 29:7

Shrinking Island

The challenge this week involves lots of hugging! You will have to get your whole family to stand on an ever shrinking island. And you might have to get snuggly to do it!

All you need is a large towel from the bathroom or a picnic rug or something similar. Spread it out on the floor and have everyone in your family stand on it for 5 seconds without touching the floor. Easy!

When you've done this make your "island" smaller by folding part of it underneath. You might just fold a small corner under or you might fold it in half, it's up to you! Then have everyone get back on for another 5 seconds.

Keep doing this again and again, making the island smaller each time so it gets harder and harder. Hold onto each other, stand on each others feet, do what you can to get everyone on the island for 5 seconds, and see how small you can make your island! Make sure people are safe though.

Standing on shoulders might not be wise!

Join the Freestone family as they work together to stay on their island: https://youtu.be/sPTnoxHuoGE

on Your

Feet

Challenge

Have fun!



Craft

watch clare show you how to make this Prayer candle: <u>https://youtu.be/</u> wq4R2T43w20

You will need:

- One glass jar
- An A4 piece of paper
- A tea light (real or battery)
- Sticky tape
- Scissors
- Coloured pens

First of all, measure around your jar and cut a strip of paper that will cover the outside. Concertina it and cut out people outlines, these can be decorated if you like. Wrap this around your jar and tape it there.

"Light to the World" Prayer Candles

Then, cut another circle of paper that will fit on the bottom of your jar, and draw and colour in a globe on it. Then stick it to the bottom of the jar. Then, light the tea light and put it in the jar.

This craft is to remind us that the light of Jesus shines through us, our families and our communities, and so to the world, which brings hope and purpose.

Prayer Paper Chains

You will need:

- Strips of paper or card
- Pens
- Glue

Chat together about people in your community that you want to pray for. They could be individuals, organisations, businesses, situations that need God etc. Watch the West family give you some ideas in the video.

Write each one on a different strip of paper, and pray. Then glue the ends to make a loop. After the first loop, thread each new strip through the last, to make a paper chain.

Hang your Prayer Paper Chain up in your house and keep adding to it, as you remember those you are connected to in your community.

watch the west family add to their Prayer Paper chain: https://youtu.be/8icFac7ARIY

Creative

Prayer



New Purpose

Family Crest

This week's Going Deeper invites you to explore your purpose as a family.

There are some purposes that every family has: for example, to love, protect, nurture, feed and help each other grow.

But there are also some things that are unique to your family - your special flavour-blend that no other family brings to the world.

It's helpful and healthy to celebrate your identity and purpose as a family!

Have you seen old shields and crests that families had centuries ago? They had pictures and words on them which showed something about what that family was like, or what they thought was important.

1) What am I like?

Going

Deeper

Each member of the family gets to think about their gifts, strengths and what is important to them.

Use some of the tools and questions at the back of this pack if they are helpful.

The Heart Affirmations from the Going Deeper in Week 3's Family Pack might also be useful to look at here.

3) Time to get creative!

Are there any images which help illustrate the 5 or 6 points you have chosen? Eg flag of a nation, instruments or sports equipment, animals (eg

Lion = bravery, leadership, Owl = wisdom), things in nature, (eg mountains, sea, fire, wind, tree



etc)

Use these images to create a Family Crest (see template at the back of the pack, or create your own) You might want to chose some words or a phrase to go on it, or your family name.

Put your crest up in your home and use it to remind yourselves of your special identity and purpose as a family.

Here are 3 steps to creating your own Family Crest together:

2) What are WE like?

Bring your lists or pictures to the table and have a chat together.

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- Are there **strengths** or **gifts** that some of you share?
- Are there values that you all agree are important for your family? (Parents will hopefully have a lead to take in this, but also listen to what your children think and feel).
- Are there passions, dreams or causes that you share? (Or, is there a person in your family who has a passion you all want to support?)

Choose around 5 or 6 points which you all feel most strongly about.

Try to include Character qualities, Values, Gifts and Passions (see the lists at the **back of the pack** for inspiration).

watch the kennedys introduce making a Family crest:

https://youtu.be/pR JHycQWVc



New Purpose

Reflect and Chat

Here's fun, sensory way to help you reflect and chat together as a family.

If you haven't already, you will need to have a hunt around the house for the objects below. If you don't have one or two of them, choose something else instead! (It helps if they are easy to hold).

Then, gather round as a family and take it in turns to chose an object and share.



Bag Time

Highlighter Pen Talk about your highlight of the week



Stone Talk about something that has been hard this week



Shell Do you think you have heard God speaking to you this week?



Pom Pom Talk about something that has made you feel warm and fuzzy this week



Lego brick Talk about something you have learned or discovered this week



Star Encourage someone else in your family



Tea light (World Changing Families question of the week)
Talk about a person in your life who makes you feel valued or purposeful.

watch the kennedy family introduce you to "Bag Time": https://youtu.be/QYW48Mkxbls



Just for fun

Your Tricksters this week are Andy and David, who are getting experimental with ingredients from the kitchen...

> Watch what they get up to: https://youtu.be/pY6U85cvKn8





Have you discovered some values your family feels are important, but you aren't giving much time or attention to them?

Write or draw them into the target, as a decision to aim at doing the important stuff.



Family Crest Helpful resources

These sheets might help children get thinking:



VALUES: WHAT IS IMPORTANT TO ME?

This worksheet is to help you understand what is important to you. For each item, please fill or mark the circles on how important they are. Please be honest and take your time! Very Important = • • • Important = • • A Little Important = • Not Important = leave blank.



Provided by PlayAttune.com



Family Crest Helpful resources

VALUES: WHAT IS IMPORTANT TO ME?

Thank you for completing the worksheet! We hope you learned something about yourself. Here are a few more questions to think deeper about your values!

A. Of all the values you marked as "Very Important", what are the top three most important to you?

2.) Why is this value important to you?

3.) Why is this value important to you?

B. Of all the values you marked as "A Little Important" and "Not Important", what are the top two least important to you?

2.) Why is this value least important to you?

C. Which values do you think your parents will choose as very important to them?

D. Which values do you think your close friend will choose as very important to them?

Alternative Questions

- What five words do you think best describe you?
- What do you love doing that makes you feel happiest?
- What do you know how to do that you can teach others?
- What are you most grateful for?
- How would you change the world if you could?
- What are some of the ways you are able to help people?

Character Qualities:

Strength, grace, faithfulness, joy, love, peace, patience, kindness, endurance, goodness, cheerfulness, loyalty, determination, wisdom.

Values:

Friendship, hospitality, truth, generosity, freedom, prayer, beauty, peace-making, hard work, faith, justice, inclusiveness, honesty, fun.

Giftings:

Music, art, organisation, listening, sport, writing, teaching, business, leadership, making friends, making things, fixing things, problem solving.

Passions:

(how do you want to make the world a better place?) Nations, justice, an area of society, a people group, ideas, causes.

Image ideas for your Family Crest







Family Crest Helpful resources

Ideas for inspiration









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